

# Sikh Children Day 2017

## GURBANI IN MY HEART

### Guidelines

The purpose of this segment of Sikh Children Day is to recognize, encourage, and reward Sikh children who have made efforts to develop Gursikh etiquettes, have basic information about Sikh history as well as memorize Gurbani over the years.

- Children between the **ages of 4 and 19** are allowed to participate.
- All participants will be tested for the following in addition to Gurbani: **Names of all the Guroo Sahib, Panj Piaray, Panj Takhat, Char Sahibzaday, and the kakaars.**
- Points will also be awarded to children with appropriate **social and Gurdwara etiquettes** of a Gursikh (dress, exchange Gur Fateh, ability to sit crosslegged respectfully while reciting banees).
- There is no maximum limit of Gurbani that one may recite; but all participants will have to **provide a list of Banees and/or Shabads** they want the examiners to listen from them **in advance.**
- Points will be awarded for content (number of Banees/Shabads), correct pronunciation, flow and presentation style.

All participating children are expected to recite Gurbani/shabads from memory to the examiners in a clearly audible voice. It is the discretion of the examiner to listen to the entire Banees or parts of it randomly. Participants will be assisted/prompted by the examiner 2 times only for each Banees before moving to the next on the list.

Three best participants from each group will receive an award at the closing ceremony.

<b>Age on 4/8/17</b>	<b>Group Name</b>	<b>Minimum requirements</b>	<b>Gurbani memorization requirements to win special prizes (2 tickets)</b>
Age 4-5	Baba Fateh Singh Group (A)	NO MINIMUM	Mool mantar, first 5 paurees of Japjee Sahib, AND first 5 paurees of Anand Sahib
Age 6-8	Baba Fateh Singh Group (B)	NO MINIMUM	Mool mantar, first 18 paurees of Japjee Sahib, first 5 paurees of Anand Sahib, AND first 5 paurees of Chaupayee Sahib
Age 9-11	Baba Zoravar Singh Group	Moolmantar	Mool mantar, complete Japjee Sahib, first 5 paurees of Anand Sahib, complete Chaupayee Sahib, AND complete Keertan Sohila
Age 12-14	Baba Jujhar Singh Group	5 Paurees of Japjee Sahib or Anand Sahib	All Nitname Baanees except for Jaap Sahib (i.e. Japjee Sahib, Anand Sahib, Chaupayee Sahib, Tvaprasad Savaiye, Rehraas Sahib, and Keertan Sohila)
Age 15-19	Baba Ajit Singh Group	Japjee Sahib or at least 5 shabads	All seven Nitname Baanees in full (Japjee Sahib, Jaap Sahib, Tvaprasaad Savaiye, Chaupayee Sahib, Anand Sahib, Rehraas Sahib, and Keertan Sohila)